



# BROCCOLI MULTI-PORTION PACKS

## DESCRIPTION

The product is proposed in multi-portion packs which keep unchanged the characteristics of the fresh vegetables cooked au naturel. Among the many specialties belonging to the V gamma, we have chosen: spinach, Swiss chard, friarielli (turnip tops), escarole, Savoy cabbage, etc.

All indications concerning vegetables in single packs are also applied for vegetables proposed in multi-portion packs.

## FOOD INDUSTRIES

Industries able to include the product in their production process.

## CASH & CARRY

Suppliers to businesses in the food industry, such as small grocery shops, restaurants and other dining establishments, should provide vegetables that are easy to prepare and serve to customers, or that can be further processed.

## CATERING

Providing food service for canteens, big centres, events and banquets.

## CONVENIENCES OF MULTI-PORTION PACKS:

*The products are pre-washed and already cooked: this constitutes a considerable time and energy saving. Manpower costs are reduced, without reducing the high quality of products.*

*Protective atmosphere packaging prevents the superficial water of the products from evaporating: this minimizes the loss of mass of the fresh products, and exalts their organoleptic properties.*

*Thanks to rectangular form and absolute absence of lost space, the multi-portion packs bulk is minimal.*



BROCCOLI  
AU NATUREL  
1250 g



8 054934 421181

Produced by: ANNATURA srl

Establishment Via E. Amaldi, 12 - 00015 Monterotondo (Z.I.) Rome



## Specification / Broccoli

### Nutritional Values for 100 g of broccoli

|                   |                  |
|-------------------|------------------|
| ENERGY (calories) | 34 kcal / 144 kJ |
| Edible part       | 100              |
| Water             | 91.7             |
| Protein           | 3.1              |
| Fat               | 0.4              |
| Saturated fat     | 0.05             |
| Carbohydrates     | 3.2              |

|                |     |
|----------------|-----|
| Sugars         | 3.2 |
| Fiber          | 3.2 |
| Salt (mg)      | 9   |
| Calcium (mg)   | 27  |
| Iron (mg)      | 0.6 |
| Vitamin A (µg) | 2   |
| Vitamin C (mg) | 35  |

Processing performed on food nutrient composition data originating from:

CREA  
Centro di ricerca Alimenti e Nutrizione

Web page:  
<https://www.crea.gov.it/alimenti-e-nutrizione>

Web page:  
<https://www.alimentinutrizione.it>

|                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| INGREDIENTS                 | MAP broccoli: fresh broccoli with no flavoring, additives or preservatives.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| ORGANOLEPTIC PROPERTIES     | Color: green and white.<br>Smell: characteristic.<br>Consistency: compact, comparable to fresh product.<br>Flavour: comparable to fresh product.                                                                                                                                                                                                                                                                                                                                                                                                                                |
| SHELF LIFE                  | MAP broccoli: product edible for up to 30 days.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| PRODUCTION PROCESS          | Specialty belonging to the V gamma.<br>High-quality, carefully selected broccoli.<br>The exclusive preparation and cooking process ensures that the organic and nutritional properties are maintained. The broccoli is processed completely in hygienically controlled areas, following the directions described in the HACCP self-check program which is applied to the place of production.<br>Ifs Food standards are applied during the production process.                                                                                                                  |
| STORAGE                     | The product should be stored cold, between 0/+4°C.<br>The product should be entirely consumed after opening.<br>It is recommended to keep the product cold during the entire storage process.                                                                                                                                                                                                                                                                                                                                                                                   |
| PREPARATION                 | Sauté in a frying pan for 5 minutes, or reheat in the microwave at 950 watts for 3 minutes, stirring while reheating.                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| ORIGIN OF MAIN INGREDIENT   | Italy.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| OTHER VEGETABLE MATERIAL    | ≤ 1%                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| ALLERGENS                   | The product does not contain allergens and is compliant with Reg. (EU) 1169/2011 as amended. Any cross-contamination is mentioned on the label.                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| PACKAGING                   | Au naturel product: TRANSPARENT COPOLYMER POLYPROPYLENE AND ANTI-FOG PLASTIC WRAP<br>MAP product: PP-EVOH-PP TRANSPARENT BARRIER PACKAGE AND ANTI-FOG PLASTIC WRAP<br>Declaration of compliance for food contact materials: Italian Ministerial Decree 21/3/1973 as amended; Italian Legislative Decree 152/2006 - Article 226(4); Italian Legislative Decree No. 29 of 10 February 2017; Regulation (EU) 1935/2004 as amended; Directive 2007/19/EC as amended; Regulation (EU) 10/2011 as amended; Regulation (EU) 2015/174, amending and correcting Regulation (EU) 10/2011. |
| MICROBIOLOGICAL INFORMATION | Listeria monocytogenes UFC/25g: Absent in accordance with REGULATION (EC) No. 2073/2005 as amended.                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |