



ANNA
TURA

SEASONALITY

CEREALS

BARLEY

INGREDIENTS:

PEARL BARLEY, WATER

G	F	M	A	M	J	J	A	S	O	N	D
E	E	A	P	A	U	U	U	E	C	O	E
N	B	R	R	Y	N	L	G	P	T	V	C



SPELT

INGREDIENTS:

PEARL SPELT, WATER

G	F	M	A	M	J	J	A	S	O	N	D
E	E	A	P	A	U	U	U	E	C	O	E
N	B	R	R	Y	N	L	G	P	T	V	C

