



ANNA
TURA

SEASONALITY

CEREALS

BARLEY

INGREDIENTS:
PEARL BARLEY, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C



SPELT

INGREDIENTS:
PEARL SPELT, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C





ANNA
TURA

SEASONALITY

LEGUMES

CHICKPEAS

INGREDIENTS:
CHICKPEAS, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C



BORLOTTI BEANS

INGREDIENTS:
BEANS, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C



CANNELLINI BEANS

INGREDIENTS:
BEANS, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C



LENTILS

INGREDIENTS:
LENTILS, WATER

G	F	M	A	M	G	L	A	S	O	N	D
E	E	A	P	A	I	U	G	E	T	O	I
N	B	R	R	G	U	G	O	T	T	V	C

